

NSS ANNUAL REPORT: 2019-20

NSS Unit of Ram Lal Anand College has participated and organised many events during the session 2019-20. Firstly, International Yoga Day was celebrated with great zeal and enthusiasm across all departments and colleges by National Service Scheme, University of Delhi at Gandhi Bhawan. Volunteers of NSS Unit of RLA actively participated in that event. Volunteers were enlightened with the thoughts of the eminent personalities and pledged to take small steps that can help them in protecting the environment in the event named Charcha for Change- A conversation to make a difference, organized by UNDP India and Josh Talks. NSS Unit of RLA organized Swachhta Pakhwada- A Cleanliness drive in College Campus and Pledge for Swachhta. Then, Indian Spinal Cord Injury Centre in collaboration with NSS Unit of RLA organized Poster Making Competition and gave awards to the winners at Tyagraj Stadium. ISCI also organized a Spinal Cord Injury Awareness rally at India Gate which was headed by Smirti Irani and more than 50 volunteers of NSS Unit RLA participated in rally with great enthusiasm. NSS Unit RLA on 20-23 September organized a Electoral Verification Program for students, teaching staff, non-teaching staff and workers in which volunteers corrected the ID Cards, linked it with Aadhar Card, etc. Then, Unit organized ShramDan for a Plastic Free Campus. Volunteers were enthusiastic in making the college- A Plastic Free campus. 3 volunteers participated in the debate competition organized by NSS Unit of ARSD College. Donation Drive was organized by NSS unit in both the semesters in which students and teachers donated books, stationary items, clothes, etc. and the donation is then given to the labour workers and their children working in the College Campus and to the adopted slum. Best out of waste competition was also organized by NSS Unit and then on the occasion of 150 years of celebrating the Mahatma, it organized Poster making Competition and Slogan writing competition on Gandhian Ideology. On 26 September, 100 Volunteers and 4 Teachers took pledge for tobacco control. NSS Unit then organized Swachhta hi Sewa at Satya Niketan where volunteers surveyed through shops, thelas, etc. and told them about Cleanliness and why is it so important. NSS Unit RLA in collaboration with Indian Red Cross Society organized Blood Donation Camp in which 48 students donated blood as a responsible citizen of India. Prior to Diwali, NSS Unit RLA organized a rally on Eco-friendly diwali in which volunteers promoted Stop burning of Crackers. On the occasion of Unity Day, a event named Pledge and Run for Unity has been organized which was open for all students of the college. More than 120 students including staff took unity pledge and had run for unity from College Gate to South Campus to Moti Bagh and then returning back to college. Many volunteers of NSS unit of RLA participated in One Day Sensitization Program at ARSD College. On National Youth Day, volunteers were made aware of how today youth is and why is it necessary to bring a change through a presentation. National Voters Day was celebrated by NSS Unit in which whole the college including workers, staff, students and all took pledge with the motto of No Voters should be left behind. Demonstration of VVPAT was also shown to everyone. On that day itself, NSS Unit organized Digital Poster Making Competition. Then, a Signature Campaign has been organized with the same motto of No Voters should be left behind. Then, NSS Unit RLA organized Talk on Cancer Awareness by Dr. Shalini Swami in which 44 volunteers participated actively with engaging question and answer session and Poster Making Competition on NO TOBACCO was organized in which 23 students from college participated.

During the period of nation-wide lockdown, a number of activities were conducted to make people aware about various aspects of the pandemic and measures to control the spread of COVID-19 virus. Volunteers actively observed Janta curfew on the urge of Honorable Prime Minister of India on March 22,2020. Poster making on the theme, “social distancing and protective measures” was organized on March

27,2020 in which 12 volunteers made posters and submitted the posters on email. On March 30, informative posters on dos and don'ts, signs and symptoms of corona virus was shared with the volunteers. On April 11, 18 volunteers shared their videos on how to make mask at home and trained their relatives and friends using these videos on how to make mask at home. On April 14, an Online workshop was organized on "Aarogya setu app" and shared posters on how to use the app, 77 volunteers participated in the workshop. A quiz on the COVID-19 awareness was conducted on April 17 in which 54 volunteers participated. A COVID-19 awareness power point presentation was shared with the volunteers on April 18,2020. Ayush ministry guidelines were shared with the volunteers for spreading awareness in the society on April 19. Quiz was conducted in association with Pledge for Life and NSS unit RLA on Spitting in public areas on April 24, all the volunteers actively participated in the quiz. Creative writing session was organized on April 30 in which 8 volunteers have sent their poems and slogans. Each one plant drive was organized on June 8 in which 3 volunteers participated.

Several volunteers served the society by either donating food, sanitizers and by providing essentials to the needy during the lockdown. Several volunteers took care of stray animals by feeding them regularly during the lockdown period.

Special Achievement-

1. Parveen Mehlawat, Active Volunteer of NSS Unit, Ram Lal Anand College was selected and has participated in 4-day event of Bharatiya Chhatra Sansad (Indian Student Parliament) organised at Vigyan Bhawan by Government of India.

Society Student Office Bearers

Name of Student	Position	Program and Year
KESHAV GOYAL	PRESIDENT	BSc (H) MICROBIOLOGY, 3 RD YEAR
LALIT MOHAN	VICE PRESIDENT	BSc (H) MICROBIOLOGY, 3 RD YEAR
RITWIK VASHISTHA	SECRETARY	BSc (H) STATISTICS, 3 RD YEAR
KRISHNAKANT	TREASURER	B.A. (H) POLITICAL SCIENCE, 3 RD YEAR

Dr Kusum Rani Gupta
NSS P O



05 August 2019: Registration and Oath taking of NSS volunteers



26 September, 2019: Tobacco control pledge



27 January, 2020: Signature Campaign: No Voters should be left behind



24 October, 2019: Awareness Rally on Eco Friendly Diwali



31 October, 2019: Pledge for Unity and Run for Unity

Date of the Activities	Title of the Activities	Organizing Unit/ Agency/ Collaborating Agency	Number of teachers coordinated the Activity	Number of Students participated in Activity	Number of hours

07 June 2019	Tobacco Control Program at North Campus	NSS Centre, Arts Faculty	1	1	5
20, 21 June 2019	International Yoga Day	NSS Centre, Arts Faculty	1	10	3*2=6
4, 5, 6 July 2019	Awareness Campaign for Organ Donation	NSS Unit RLA	1	8	2*3=6
29 July 2019	Jal Shakti Abhiyan	NSS Unit RLA	1	12	3
05 August 2019	NSS Registrations	NSS Unit RLA	1	5	1.5
05 August 2019	Charcha for Change	Indian Habitat Centre and Josh Talks	1	13	5.5
14 August 2019	Swachhta Pakhwada: Awareness Rall and Cleanliness drive	NSS Unit RLA	1	8	1
21 August 2019	Poster Making Competition	NSS Unit RLA and Indian Spinal Cord Injury Centre	4	13	2
08 September 2019	SCI Rally	Indian Spinal Cord Injury Centre	1	47	5.5
20 September 2019	Orientation of NSS Volunteers	NSS Unit RLA	1	75	1
20 September 2018	Electoral Verification Program for NSS Volunteers	NSS Unit RLA	1	75	1
23, 24 September 2019	Elector's Verification Program for College Students and Staff	NSS UNIT RLA	1	41	2+2
24 September 2019	Shram Daan For a Plastic Free Campus	NSS Unit RLA	2	63	1

25 September 2019	Public Lecture at Convention Hall, Viceregal Lodge	NSS Centre, Arts Faculty	-	8	5
25 September 2019	Debate Competition at ARSD	NSS Unit ARSD	-	4	4
25, 26 September 2019	Donation Drive	NSS Unit RLA	1	12	3 +3
25 September 2019	Best out of Waste Competition	NSS Unit RLA	1	19	1.5
25 September 2019	Poster Making and Slogan Writing on Gandhian Ideology	NSS Unit RLA	4	47	1+2
26 September 2019	Tobacco Control Pledge	Pledge4Life and NSS Unit RLA	4	80	1
03 October 2019	Fit India Plot Run	NSS Unit RLA	6	53	1.5
03 October 2019	Swachhta hi Sewa: Awareness Campaign at Satya Niketan	NSS Unit RLA	1	15	1
11 October 2019	SCI Prize Distribution	Indian Spinal Cord Injury Centre	-	3	4
15 October 2019	Blood Donation Camp in Campus	NSS Unit RLA and Indian Red Cross Society	3	63	4
24 October 2019	Awareness Rally on Eco Friendly Diwali	NSS Unit RLA	1	16	2
31 October 2019	Pledge for Unity and Run for Unity	NSS Unit RLA	4	49	1.5
07 January 2020	SVEEP Electoral training at IIIT Dwarka	Election Commission of India	1	1	5

13 January 2020	One day sensitisation Program at ARSD College	NSS Unit ARSD	1	10	4
15 January 2020	National Youth Day Celebration	NSS Unit RLA	4	58	2.5
16, 17 January 2020	Donation Drive	NSS Unit RLA	1	10	3+3
17 January 2020	Fit India Walkathon	NSS Unit RLA	8	106	2.5
24 January 2020	National Voters Day Celebration	NSS Unit RLA	5	452	2
24 January 2020	Digital Poster Making Competition	NSS Unit RLA	1	14	1.5
24-31 January 2020	Voters Awareness Program	NSS Unit RLA	-	19	2
27 January 2020	Signature Campaign: No Voters should be left behind	NSS Unit RLA	1	650+	4
18 February 2020	Distribution of Donation Items	NSS Unit RLA	1	12	2
18-27 February 2020	Educational Camp in Slum	NSS Unit RLA	1	13	10*2.5=25
26 February 2020	Talk on Cancer Awareness	NSS Unit RLA and Pledge4Life	4	44	2
26 February 2020	Poster Making Competition on Say No to Tobacco	NSS Unit RLA and Pledge4Life	4	23	2

NSS ACTIVITIES DURING LOCKDOWN

Date of the Activities	Title of the Activities	Organizing Unit/ Agency/ Collaborating Agency	Number of teachers coordinated the Activity	Number of Students participated in Activity	Number of hours
20 MARCH 2020	JANATA CURFEW (MESSAGE+POSTER)	NSS Unit RLA		88 VOLUNTEERS SEEN MESSAGE AND POSTER	
20 MARCH 2020	STEPS TO PREVENT CORONA (POSTER)	NSS Unit RLA		87 VOLUNTEERS SEEN POSTERS	
21 MARCH 2020	MESSAGE FOR RINGING BELLS AND CLAPPING	NSS Unit RLA		87 VOLUNTEERS SEEN MESSAGE	
22 MARCH 2020	OBSERVED JANATA CURFEW AND VOLUNTEERS SHARED VIDEOS	PM APPEAL		34 VOLUNTEERS SHARED VIDEOS	30 mins
27 MARCH 2020	POSTER MAKING ON SOCIAL DISTANCING AND PROTECTIVE MEASURES BY VOLUNTEERS	NSS Unit RLA		12 VOLUNTEERS MADE POSTERS	2
30 MARCH 2020	INFORMATIVE POSTERS OF DO'S AND DONT'S, SIGNS AND SYMPTOMS OF CORONA VIRUS SHARED FROM GOVERNMENT WEBSITE	NSS Unit RLA		94 VOLUNTEERS SEEN MESSAGES AND POSTERS	
10 APRIL 2020	SHARED THE LINKS OF 4 MODULES	NSS DU AND NSS Unit RLA		44 VOLUNTEERS LOGGED IN TO MODULES	1
11 APRIL 2020	MASK MAKING MESSAGE AND VIDEO SHARED	NSS Unit RLA		18 VOLUNTEERS SHARED VIDEOS	

				OF MASK MAKING (8 BOYS+10 GIRLS)	
12 APRIL 2020	POCKET BOOKLETS SHARED AND ASKED VOLUNTEERS TO READ AND UNDERSTAND IT	NSS DU		23 VOLUNTEERS READ THE CONTENT (15 BOYS+8 GIRLS)	1
12 APRIL 2020	iGOT LINK FOR REGISTRATION SHARED	NSS DU		67 VOLUNTEERS REGISTERED	
13 APRIL 2020	INFORMATIVE POSTERS ABOUT CORONA VIRUS AND PM CARES FUND SHARED	NSS Unit RLA		88 VOLUNTEERS SEEN THE POSTERS	
14 APRIL 2020	ONLINE WORKSHOP FOR AAROGYA SETU APP AND SHARED POSTER ON HOW TO USE THE APP AND POSTERS ON LOCKDOWN 2.0 SHARED	NSS Unit RLA		77 VOLUNTEERS DOWNLOADED AAROGYA SETU APP	2
15 APRIL 2020	SHARED INFORMATION ABOUT QUIZ TO BE ORGANIZED ON APRIL 17, 2020	NSS Unit RLA		78 VOLUNTEERS SEEN THE MESSAGE AND POSTER	
17 APRIL 2020	QUIZ CONDUCTED	NSS Unit RLA		54 VOLUNTEERS PARTICIPATED IN QUIZ	1
18 APRIL 2020	AWARENESS PPT ON COVID-19 SHARED (WHATSAPP)	NSS Unit RLA		95 VOLUNTEERS HAVE GONE THROUGH	2

				H THE PPT	
19 APRIL 2020	INFORMATION ABOUT HQC USE SHARED (WHATSAPP)	NSS Unit RLA		ALL VOLUNTEERS	
19 APRIL 2020	AYUSH MINISTRY GUIDELINES PPT SHARED (WHATSAPP)	NSS Unit RLA		ALL VOLUNTEERS	2
24 APRIL 2020	COVID-19 DETECTION SCHEME SHARED (WHATSAPP)	NSS Unit RLA		ALL VOLUNTEERS	30 mins
25 APRIL 2020	SCYD BOOKLET SHARED	NSS DU		ALL VOLUNTEERS	
25 APRIL 2020	PLEDGE FOR LIFE QUIZ	PLEDGE FOR LIFE AND NSS Unit RLA		ALL VOLUNTEERS	1
26 APRIL 2020	HOW TO MAKE A MASK VIDED (WHATSAPP+ INSTAGRAM+ YOU TUBE)	NSS Unit RLA		ALL VOLUNTEERS	1
28 APRIL 2020	ABC's CORONA REMEDY VIDEO (WHATSAPP+ INSTAGRAM+ YOU TUBE)	NSS Unit RLA		ALL VOLUNTEERS	1
30 APRIL 2020 TO 11 MAY 2020	CREATIVE WRITINGS BY VOLUNTEERS (POEMS + SLOGANS)	NSS Unit RLA		8	1
1 MAY 2020 TO 11 MAY 2020	POSTERS MADE BY VOLUNTEERS (WHATSAPP+ INSTAGRAM+ YOU TUBE)	NSS Unit RLA		13	1
3 MAY 2020	PARVEEN'S VIDEO ON DISTRIBUTION OF FOOD (YOU TUBE + WHATSAPP + INSTAGRAM)	NSS Unit RLA		ALL VOLUNTEERS	
3 MAY 2020	VIDEO ON HOW TO DONATE IN PM CARE FUND (WHATSAPP+INSTAGR AM+YOU TUBE)	NSS Unit RLA		ALL VOLUNTEERS	

11 MAY 2020	LOCKDOWN 3 GUIDELINES (INSTAGRAM+ YOU TUBE+ WHATSAPP)	NSS Unit RLA		ALL VOLUNTE ERS	1
11 MAY 2020	NIKHIL'S VIDEO OF FEEDING STRAY ANIMALS (INSTAGRAM+ YOUTUBE+ WHATSAPP)	NSS Unit RLA		ALL VOLUNTE ERS	
13 MAY 2020	HOW TO STAY FIT DURING LOCKDOWN VIDEO (INSTAGRAM+YOTUBE + WHATSAPP)	NSS Unit RLA		ALL VOLUNTE ERS	1
15 MAY 2020	EXERCISE TIPS VIDEO (INSTAGRAM+ WHATSAPP+YOUTUBE)	NSS Unit RLA		ALL VOLUNTE ERS	1
16 MAY 2020	YOGA TIPS VIDEO (INSTAGRAM+ WHATSAPP+YOUTUBE)	NSS Unit RLA		ALL VOLUNTE ERS	1

List of Volunteers

S No	NAME	COURSE
1	MUDIT ARORA	BSc. Hons. Statistics
2	SNEHA GUPTA	BSc. Hons. Statistics
3	SHRADDHA PANDIT	BSc. Hons. Statistics
4	AMIT	BSc. Hons. Statistics
5	SAIJAL BAJAJ	BSc. Hons. Statistics
6	VANDITA	BSc. Hons. Statistics
7	UDITI	BSc. Hons. Statistics
8	ARNAV	BSc. Hons. Statistics
9	RITWIK VASHISTHA	BSc. Hons. Statistics
10	KANIKA	BSc. Hons. Microbiology
11	AMAN DIXIT	BSc. Hons. Microbiology
12	YUGANSH GUPTA	BSc. Hons. Microbiology
13	NIKHIL GUPTA	BSc. Hons. Microbiology
14	VASU SHARMA	BSc. Hons. Microbiology
15	RAAJVI KHURANA	BSc. Hons. Microbiology
16	PARTH KAPIL	BSc. Hons. Microbiology

17	ISHITA GUPTA	BSc. Hons. Microbiology
18	BHAWNA	BSc. Hons. Microbiology
19	ANUSHKA	BSc. Hons. Microbiology
20	AMAN AVTAR	BSc. Hons. Microbiology
21	LAKSHAY CHHABRA	BSc. Hons. Microbiology
22	SURABHI SINGH	BSc. Hons. Microbiology
23	PANKAJ KUMAR	BSc. Hons. Microbiology
24	AKHILENDRA	BSc. Hons. Microbiology
25	PRAGYA	BSc. Hons. Microbiology
26	SHIVAM SAGAR	BSc. Hons. Microbiology
27	AMAN SINGH	BSc. Hons. Microbiology
28	SK. SOHEL	BSc. Hons. Microbiology
29	LALIT MOHAN	BSc. Hons. Microbiology
30	SAVI	BSc. Hons. Microbiology
31	PRATIBHA	BSc. Hons. Microbiology
32	GARIMA	BSc. Hons. Microbiology
33	DIVYA	BSc. Hons. Microbiology
34	SARAVANI	BSc. Hons. Microbiology
35	KESHAV GOYAL	BSc. Hons. Microbiology
36	SORANSH	BSc. Hons. Computer Science
37	ANUBHAV	BSc. Hons. Computer Science
38	CHITRANSH	BSc. Hons. Computer Science
39	JITENDER	BSc. Hons. Computer Science
40	SWAPNIL	BSc. Hons. Computer Science
41	GUNJAN	BSc. Hons. Computer Science
42	SARTHAK MEHTA	BSc. Hons. Mathematics
43	INDU	BA. Hons. Hindi
44	ARYAN	BA. Hons. Hindi
	KULDEEP	BA. Hons. Hindi
45		
46	NAVYA	BA. Hons. Hindi
47	ANURADHA	BA. Hons. Hindi
48	MANISH	BA. Hons. Hindi
49	AASHA	BA. Hons. Hindi
50	POOJA	BA. Hons. Hindi
51	MUBASSHRA	BA. Hons. Hindi
52	NEHA	BA. Hons. Hindi
53	ABHISHEK	BA. Hons. Hindi

54	PRINCE	BA. Hons. Hindi
55	RITESH	BA. Hons. Hindi
56	UPMANNU	BA. Hons. Hindi
57	ABHISHEK SHUKLA	BA. Hons. Hindi
58	SHUBHAM	BA. Hons. Political Science
59	ADITYA	BA. Hons. Political Science
60	S. RAMACHANDRA	BA. Hons. Political Science
61	SATVIR	BA. Hons. Political Science
62	NIKHIL	BA. Hons. Political Science
63	PARVEEN	BA. Hons. Political Science
64	NANDINI	BA. Hons. Political Science
65	KRISHNAKANT	BA. Hons. Political Science
66	ANSHIKA	BA. Hons. English
67	VRINDDA	BA. Hons. English
68	DEEPALI	BA. Hons. English
69	ANUJ	BA. Hons. English
70	ZAHID	BA. Hons. History
71	NIKHIL	BA. Hons. History
72	VARUN KUMAR	BA. Hons. History
73	SHREYA ARORA	BMS
74	KASHISH	BMS
75	PRERIT	BMS
76	KANAV	BMS
77	SACHIN	BMS
78	YAMINI	B. Com Hons.
79	SAMANVAY	B. Com Hons.
80	ISHAAN	B. Com Hons.
81	ANKIT	B. Com Hons.
82	ABHISHEK	B. Com Hons.
83	HARSHITA JAIN	B. Com Hons.
84	SHILPA NAIN	B. Com Hons.
85	SHIVAM CHAUDHARY	B. Com Hons.
86	NILAV	B. Com Hons.
87	ROHIT	B. Com Hons.
88	KANISHAK	B. Com Hons.
89	JATIN SHARMA	B. Com Hons.

90	ANSHIKA SHARMA	B. Com Hons.
91	AKANSHA YADAV	B. Com Hons.
92	ROSHAN	B. Com Prog.
93	ANKIT	B. Com Prog.
94	PRASHANT ANAND	B. Com Prog.
95	DIYA	B. Com Prog.
96	DIMPLE	BA. Prog.(HIST+POL)
97	ARCHIT	BA. Prog.(ECO+ MATHS)
98	AYUSHI	BA. Prog.(HIST+POL)
99	YOGESH	BA. Prog.(HIST+POL)
100	MOHIT	BA. Prog.(HIST+POL)
101	NIKHIL	BA. Prog.(ECO+ MATHS)
102	SACHIN CHAUHAN	BA. Prog.(HIST+POL)
103	RITIKA SETHI	BA. Prog.(HIST+POL)